

MANASA EDUCATIONAL FOUNDATION FOR MENTAL HEALTH, SHIVAMOGGA

DIPLOMA COURSES IN COUNSELLING.

UPDATE SYLLABUS AS PER MSDC

1. DIPLOMA IN COUNSELLING AND GUIDANCE		
Subject Code: DPCG		
Paper	Paper Code	Content
CORE PAPERS		
PAPER 1: UNDERSTANDING HUMAN BEHAVIOUR	DPCG101	Unit 1: What is Psychology-meaning, definitions and branches? Basic concepts-intelligence, perception.
		Unit 2: Learning, Emotion, Memory and Forgetting.
		Unit 3: Thinking, Personality and Motivation
		Unit 4: Stages of Human Growth and Development
PAPER 2: BASICS OF COUNSELING	DPCG102	Unit 1: Introduction to Counselling
		Unit 2: Types and Skills of Counseling
		Unit 3: Theoretical Perspectives
		Unit 4: Issues in Counselling
SPECIAL PAPERS		
PAPER 3: DISTORTIONS OF COGNITION EMOTION AND BEHAVIOUR	DPCG103	Unit 1: Normality and Abnormality
		Unit 2: Organic and Psychotic Disorders
		Unit 3: Psychopathology of Neurotic, Stress related and somatoform disorders
		Unit 4: Neurodevelopmental Disorders
PAPER 4: AREAS OF COUNSELLING	DPCG104	Unit 1: Family counselling, Marital Counselling and Geriatric Counselling
		Unit 2: Educational and Career Counselling
		Unit 3: Child Counselling
		Unit 4: Corporate Counselling and Guidance
PRACTICAL PAPERS		
PRACTICAL PAPER 05: CASE HISTORY TAKING, BEHAVIOURAL ANALYSIS	DPCG105	Unit 1: Case History Taking.
		Unit 2: Model Case History.
		Unit 3: Behaviour Analysis
		Unit 4: Model Behaviour Analysis
PRACTICAL PAPER 06: COUNSELLING ASSESSMENT AND COUNSELLING SKILLS	DPCG106	Unit 1 - Role Of Psychological Tests In Counselling
		Unit 2 - Common Psychological Assessments
		Unit 3 - Specialized Psychological Assessments
		Unit 4 - Micro Skills In Counselling And Model Verbatim