

**MANASA EDUCATION FOUNDATION FOR MENTAL HEALTH,
SHIVAMOGGA & MSDC, MANIPAL**

15-DAY OFFLINE INTERNSHIP PLAN – SHIVAMOGGA

Total Duration: 15 Days (Each batch can accommodate Max of 10 members)

- 1st batch May 01st to May 15th 2026.
- 2nd batch May 16th to May 30th 2026.
- 3rd batch June 01st to June 15th 2026.
- 4th batch June 16th to June 30th 2026.
- 5th batch July 01st to July 15th 2026.

Apply for internship by submitting application Google form before April 30th 2026.

Timing: 9:30 AM –5:30 PM

CENTRE 1: Manasa Hospital (5 Days)

Reporting to: Mr. Ganesh Rao Nadiger

Focus: Psychiatric case exposure & clinical counselling

Internship Work Requirements

- Orientation Programme – 1
- Academic Session – 1
- Case Histories – 5 (2 Observed, 3 supervised)
- Psychological Assessments – 2
- Counselling Sessions (Observed 2/ supervised 2) – 4

Expected Activities

- Intake interview observation
- Psychiatric consultation exposure
- Psychoeducation session participation
- Case discussion and documentation

CENTRE 2: MANASPOORTHI (5 DAYS)

Reporting to: Mr. Abhijaath

Focus: Child counselling & skill training

Internship Work Requirements

- Orientation Programme – 1
- Class / Academic Session – 1
- Case Histories – 1
- Psychological Assessments – 2
- Counselling Sessions – 1
- Behaviour Analysis – 1
- Group Activity for Children – 1 (Compulsory)

EXPECTED ACTIVITIES

- Child counselling observation
- Parent interaction
- Behaviour modification planning
- Conducting structured group activity (games / life skills / emotional awareness)
- Session recording and reporting

CENTRE 3: MANASADHARA PSYCHOSOCIAL REHABILITATION CENTRE (5 DAYS)

Reporting to: Ms. Veena Senior Psychologist

Focus: Rehabilitation & psychosocial functioning

Internship Work Requirements

- Orientation Programme - 1
- Academic Session - 1
- Case Histories - 1
- Functional / Psychological Assessments - 2
- Counselling / Supportive Sessions - 2
- Group Activity for Inmates-1
- Behaviour Analysis - 1

Expected Activities

- Rehabilitation routine observation
- Occupational therapy participation
- Social skills training exposure
- Recreational therapy involvement

INTERNSHIP INSTRUCTIONS AT OTHER ORGANIZATION

1. Write an email to MEFFMH (meffmh@gmail.com) by sending the following details of the organization chosen by you:

a) Name:

b) Address of organization:

c) Head of the institution:

d) Type of organization:

Psychiatry

Counselling Centre

Rehabilitation Centre

Corporate/Company

Educational Institution

Other: _____

e) Name & Qualification of the Proposed Guide Name: _____

Qualification:

PG in Psychology/PG in Social Work/Diploma or PG in Counselling/PG in Psychiatry

Other: _____

f) Availability of exposure & training:

Case Observation: Yes / No

Case Taking: Yes / No

Supervised Assessment Yes / No

Supervised Counselling Practice Yes / No

Supervised Behaviour Analysis Practice Yes / No

2. Get a letter from MEFFMH.

3. The intern must submit a logbook of daily activities. And a detailed report of:

- 7 case histories,
- 6 assessments,
- 7 counselling sessions,
- One behaviour analysis,
- One group activity.
- With supervisor's evaluation and internship attendance sheet

FINAL INTERNSHIP REPORT SUBMISSION TO THE SUPERVISOR /OFFICE

Each intern must submit:

- Case Histories = 7
- Assessments = 6
- Counselling Sessions = 7
- Behaviour Analysis = 2
- Group Activities = 2
- Report on Group Activity Conducted
- Overall Internship Report