

**DIPLOMA IN COUNSELLING AND GUIDANCE**  
**PAPER 3 - DISTORTIONS OF COGNITION, EMOTION AND**  
**BEHAVIOUR**

**Unit 1**

1. What is abnormality? Explain the models of abnormality.
2. List out the ICD-10 classification of disorder
3. Write about the five axes of the DSM-V

**Unit 2**

1. Write a note on organic mental disorders
2. What is schizophrenia? Explain the symptoms of schizophrenia
3. Explain the substance abuse disorder

**Unit 3**

1. Write an essay on anxiety disorder?
2. Write a note on OCD
3. Explain Somatoform disorders.

**Unit 4**

1. Write an essay on autism spectrum disorder
  2. What is ADHD Explain etiology and management?
  3. Write short note on
    - a. Motor Disorders
    - b. Communication Disorders
    - c. Other Neuro developmental disorders.
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# **DIPLOMA IN COUNSELLING AND GUIDANCE**

## **PAPER -4 AREAS OF COUNSELLING**

### **Unit1**

1. What is family counselling? Explain the process involved in family counselling
2. Explain the issues dealt in geriatric counselling
3. Explain issues in counselling.

### **Unit 2**

1. Explain the need of counselling in school, and college
2. What is career counselling? Explain the importance of career counselling
3. Explain the career counselling used for various groups

### **Unit 3**

1. Write a note on child assessment and evaluation
2. Explain the developmental delays found among children
3. List out the various behavioral disorders found among children

### **Unit 4**

1. What is corporate counselling? explain the importance of it
2. Explain the various forms of stress and its management
3. Write a note on importance of work life balance
4. Explain the term guidance and highlight its importance